

**COUNSELING AND PSYCHOLOGICAL SERVICES  
UNIVERSITY OF NEBRASKA-LINCOLN**

**CONSENT FOR TREATMENT OF A MINOR**

Under Nebraska law, a minor (an individual who has not yet reached her or his 18<sup>th</sup> birthday) may not receive counseling services without permission of a parent or legal guardian except under specified circumstances. Any student who has been declared independent by a court of law may receive services without permission of a parent or legal guardian. In an emergency situation, assessment and immediate intervention can be provided without parental/guardian permission. Similarly, consultations are available to any student in order to determine their needs.

In the absence of signed consent, treatment will not be delayed if an emergency exists.

This consent will be valid until the minor reaches the age of 18, but can be revoked at any time by written notification from the parent/guardian. Any questions or concerns related to this form or to the proposed treatment can be directed to the staff of Counseling and Psychological Services at (402) 472-7450.

***As the parent or legal guardian with the authority to consent on behalf of the minor student named above, I hereby give my consent for the minor to seek counseling and psychotherapy as deemed necessary and appropriate by the professional staff of Counseling and Psychological Services (CAPS) at the University of Nebraska-Lincoln.***

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

---

For Office use only:

\_\_\_\_\_ Date: \_\_\_\_\_  
Witness (2 witnesses required if verbal consent received)

\_\_\_\_\_ Date: \_\_\_\_\_  
Witness (2 witnesses required if verbal consent received)