

COUNSELING AND PSYCHOLOGICAL SERVICES ANNUAL REPORT (2021-2022)

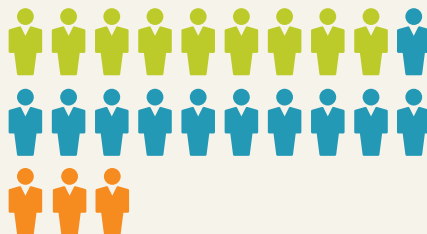
OUR SERVICES

- Initial Evaluation (*same day appointments*)
- Individual and relationship counseling
- Crisis intervention (*same day appointments*)
- Group counseling and workshops
- Eating disorder treatment services
- Alcohol and other drug services
- Outreach and presentations
- Let's Talk (*informal counseling conversations*)

STAFF OVERVIEW

20 Professional Staff

- 9 Psychologists (*all full-time*)
- 11 Counselors
(*10 full-time, 1 on-call*)
- 3 Doctoral Interns



CLINICAL DATA SUMMARY

2,603
clients

11,761
sessions

Top 2
Diagnosis

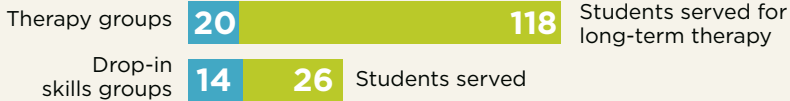
1. Anxiety
2. Depression

317
crisis
appointments

32
post-hospitalization
appointments

CAPS SPECIALIZED CLINICAL DATA

29 Groups & Workshops



180
Outreach
Presentations



5,344
students
reached

CARE MANAGEMENT DATA:

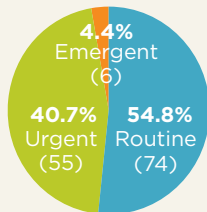
257

ProtoCall Calls

(After-hours national service used for mental health triage)

135

Requested CAPS services



56 Hospitalizations

51 Inpatient Treatment

5 Partial Hospitalization

4 Student Deaths

(as known/reported to CAPS)

1 Suicide

3 Accidental

347 Referrals

293 Outpatient weekly counseling

36 Psychological testing/evaluation

11 Integrated care
(testing/medication/counseling)

1 Psychiatry only

ALCOHOL AND OTHER DRUG SERVICES:

- AOD Psychoeducation Workshops - **362** students
- BASICS - **30** students
- CASICS - **8** students
- Substance Use Evaluations - **6** students