OUR SERVICES

• Initial Evaluation *(same day appointments)*
• Individual and relationship counseling
• Crisis intervention *(same day appointments)*
• Group counseling and workshops
• Eating disorder treatment services
• Alcohol and other drug services
• Outreach and presentations
• Let’s Talk *(informal counseling conversations)*

STAFF OVERVIEW

20 Professional Staff

- 9 Psychologists *(all full-time)*
- 11 Counselors *(10 full-time, 1 on-call)*
- 3 Doctoral Interns

CLINICAL DATA SUMMARY

2,603 clients
11,761 sessions

Top 2 Diagnosis
1. Anxiety
2. Depression

317 crisis appointments
32 post-hospitalization appointments
CAPS SPECIALIZED CLINICAL DATA

29 Groups & Workshops

<table>
<thead>
<tr>
<th>Therapy groups</th>
<th>Students served for long-term therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>20</td>
<td>118</td>
</tr>
<tr>
<td>Drop-in skills groups</td>
<td>Students served</td>
</tr>
<tr>
<td>14</td>
<td>26</td>
</tr>
</tbody>
</table>

180 Outreach Presentations

5,344 students reached

CARE MANAGEMENT DATA:

257 ProtoCall Calls
(After-hours national service used for mental health triage)

135 Requested CAPS services

4 Student Deaths
(as known/reported to CAPS)

- 1 Suicide
- 3 Accidental

347 Referrals

- 293 Outpatient weekly counseling
- 36 Psychological testing/evaluation
- 11 Integrated care (testing/medication/counseling)
- 1 Psychiatry only

56 Hospitalizations

- 51 Inpatient Treatment
- 5 Partial Hospitalization

ALCOHOL AND OTHER DRUG SERVICES:

- AOD Psychoeducation Workshops - 362 students
- BASICS - 30 students
- CASICS - 8 students
- Substance Use Evaluations - 6 students

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